

TAKE OFF POUNDS SENSIBLY
tops

Pattern No.:
1977

PATTERN FOR PROGRESS

Designed to fit all sizes.

Pattern adjustment — The initiative may need to be lengthened, the interest reinforced, and the willpower basted, pressed and fitted before sewing.

Pattern details — Put in a gleam in your eye and a cheerful smile and face the future with confidence.

Material required — intelligence and a willingness to improve.

CUTTING INSTRUCTIONS

Cut out criticism and faultfinding.



PATTERN MEASUREMENTS

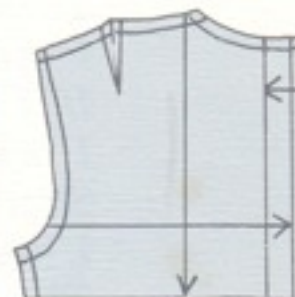
LONG . . .
in patience

DEEP . . .
in sense of responsibility

WIDE . . .
in understanding

SEWING NOTIONS

Sense of humor
Backbone stiffening
One lip zipper



FINISHED PRODUCT

* If all instructions are followed, pattern is designed to produce a healthier, happier and slimmer you!

Lorraine Jennie
TOPS #DE 2, Dover