



Margie Fisher
 Regional Director
 2725 Via Montezuma
 San Clemente CA 92672
 (949) 481-7821
mfisher690@cox.net
 AUGUST 2017

PLEASE MAKE SURE TO
 ROUTE THIS TO THE
 INCOMING OFFICERS.

BRILLIANT!

The city of Little Rock was sparkling as the Winners and TOPS delegates shone at this year's International Recognition Days! From the beginning to end, we were educated, inspired, motivated and entertained.

King Bob Lee from Valdosta Georgia (lost 140 pounds) and Queen Jennifer Noyes from Thunder Bay, Ontario (lost 178.25 pounds) headed a glowing cast of royalty and division winners who inspired us with their success stories.



Unfortunately our two International Division Winners were not able to attend. Eva Tinker from San Diego was 1st Place in Division 2 with a loss of 137 pounds and Daniel Vickery from Redlands was 2nd Place in Division 6 with a loss of 25.2 pounds.

Mary Phillips from CA 2092, Lake Forest was honored as the longest standing KOPS in attendance with **50 consecutive years** of maintaining her loss.

The featured speakers Peter Mason, Deanna Bies, Barb Cady, and Justin Osmond were AMAZING! If you were not able to attend IRD please be sure to ask those who were to share these messages with you.

TOPS 1,000,000 POUND MISSION

President Barb Cady announced the AMAZING SUCCESS that TOPS members have reported since the beginning of the year to June 30.

Canadian Chapters	65,583.6 pounds
United States Chapters	377,714.7 pounds
KOPS losses from highest weight to goal	<u>544,754.5 pounds</u>
Total	988,052.8 pounds



A special thanks to those chapters who reported your losses...The contribution from the TOPS in our region was 18,290.9 pounds. WAY TO GO!

I love Woman's World, or more specifically the sidebars on several pages in each issue. This one from the June 12, 2017 issue seems especially appropriate.



THIS IS THE RIGHT MOMENT
We may tell ourselves the moment has passed,
or the moment will come.
But the best time to start
making your dreams happen is always now!
Today, you can take that important first step
toward your wonderful future.
Whether it is a baby step or
big and bold doesn't matter:
They all count!

And the Election Results are in...

As Chapters prepare to pass the "gavel" on to the newly elected officers, I just want to take an opportunity to thank all of the previous officers for their dedication, commitment and service.



I also want to welcome the new officers and let them know of the resources available to them.

The Chapter Manual (Making Your Chapter Great – Second Edition) is a GREAT resource for guidance and direction.

Real Life – the Hands-on Pounds-off Guide is a treasure trove of information and an awesome resource for chapter programs.

There are also many, many resources and ideas for chapter programs, contests, certificates and much, much more on the www.tops.org website.

And don't miss out on the Officers' webinars series. Barb Cady moderates these and it's your opportunity to ask questions pertaining to your particular office. You can find the schedule for these webinars below.

[Leaders & Co-Leaders Registration](#)

Webinar Times Aug. 5 (Sat.)
8:00 a.m. Pacific

[Leaders & Co-Leaders Registration](#)

Webinar Times Aug. 8 (Tues.)
5:30 p.m. Pacific

[Secretaries & Treasurers Registration](#)

Webinar Times Aug. 15 (Tues.)
5:30 p.m. Pacific

[Weight Recorders & Assistants Registration](#)

Webinar Times Aug. 17 (Thurs.)
5:30 p.m. Pacific

A link to register for the webinars can be found on the Member's page of the TOPS website under "The Skinny From TOPS".

Your local area Field Staff are also a GREAT Resource and stand ready to help you. If you are not sure who your Coordinator and/or Area Captain are, you can find out by entering your chapter's zip code under the "Find a Meeting" tab. Their contact information will be listed there. I am your Regional Director and my contact information is at the top of this newsletter. I'm also happy to answer your calls and emails.

Lastly, prospective members tell us that what they are looking for most and what we should provide are:

- 1) Accountability – a private place to weigh in that keeps us accountable.
- 2) Discussion – An opportunity to take part in the meeting.
- 3) Program- A program presented at the chapter using reliable information,

Let's all strive to meet the needs of our members and we will surely be GREAT CHAPTERS!

*Because I Care,
Margie*