



TAKE OFF POUNDS  
SENSIBLY

Carlene's Chit Chat

January/ February 2017

Hello to all of my wonderful TOPS & KOPS Family,

Thank you - Thank you - Thank you Weight Recorders. You are all more than awesome and did a fantastic job, which made it so much easier for me. Another huge thank you, for sending your Maintenance and Workshop Fees. Please remember, if you have not sent Maintenance and Workshop fees, they need to be sent to me.

On that note, we have experienced huge changes with your **NEW AND RENEWALS**. Beginning in January, these need to be sent to TOPS Club, Inc. Attn: Memberships PO Box 070360 Milwaukee WI 53207-0360. The check needs to be made payable to TOPS Club, Inc.

KOPS NEW/GOAL CHANGE/REINSTATEMENT are to be mailed to me. There is now a "NO CHARGE FEE" when sending your L-014 form, goal slip, and copy of the weight chart. Which, I think is quite nice for our KOPS.

This year is a change from keeping track of our "walking miles" to the President of TOPS, "TOPS MILLION POUNDS MISSION". Sounds a little hard, but if you think about it, if every member loses just 10 pounds, we will make it. Please let me know how your chapter is doing, I care.

If your chapter entered one of the KOPS Societies Winter Weight Loss Contest. Please send the results from your last weigh in in February so we can distribute the winners checks.

TOPS SRD 2017: "TOPS BEACH PARTY" May 5-6 Ocean Shores

TOPS IRD 2017: July 14-15 Little Rock, Arkansas "Sparkle Like A Diamond". I will be sending out a copy in my next newsletter "Love Donations" for your hard working Area Captains.

Looking forward to seeing you soon!

Love & TOPS Hugs, Carlene

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