

TOPS Alaska State Recognition Days presents

***HOLIDAYS with TOPS** April 26-28, 2018*

Crowne Plaza - Anchorage Midtown

*109 West International Airport Rd
Anchorage, AK 99518 907-433-4100*

It's SRD time again, so make plans to celebrate with us. Join in the inspiration and Enthusiasm as we all meet together to honor our TOPS *Real People with Real Weight Loss* from our state at the Alaska 2018 State Recognition Days. We look forward to a wonderful weekend of fun as we meet new TOPS friends and re-unite with those members whom we only see at this annual event. Our 2018 Host is the Matanuska-Susitna Valley Chapters.

2018 HOST Area Captain

Kathy Miller

matsutops@gmail.com

2018 Co-Chairwoman

Liz Hunter

907-892-6406

Coordinator

Dawn Lesterson

aktops@outlook.com

REGISTRATION - Individual Member Registration Is \$75.00 per person and due on April 2nd. 2018 (postmarked). Late Registration \$85.00 will ONLY be accepted after that date. Your registration will include a SRD Logo Pinnette, Friday Evening Banquet and Participation in all the sessions for the entire weekend. Registrations are non-refundable, but may be transferred to another member. Ala-Carte Registrations are open to family, friends and guests. Banquet tickets \$40.00, And ANY 1/2 day session \$20.00.

The Registration Tables will be located at the Pre-Function Area of the Aurora Ballroom. Thursday, 5:30 - 7:00 pm and Friday, 8:00 am to 9:00 am. Please pick up your own Individual Registration. Included in your Packet will be SRD Pinnette, Program Booklet, Banquet tickets, luncheon tickets and Publicity Pin Pre-orders. All on stage participants MUST also sign in at the registration tables, to get the necessary rehearsal information.

Individual registration forms as well as the chapter registration form are enclosed. (Leaders, please make copies of the individual registration form for all members who will be attending SRD and will be participating in the events. Send them, along with your chapter's registration form and chapter checks Payable to ALASKA STATE TOPS and mail to State Coordinator, Dawn Lesterson PO Box 350 Kasilof, AK 99610



Hotel INFORMATION: The Conference hotel is The Crowne Plaza - Anchorage Midtown. 109 W. International Airport Rd Anchorage, (Corner of International Airport Rd and 'C' Street). All hotel features are complimentary high speed wireless internet, 24 hour business center, Free Parking, and Complimentary Airport Shuttle, Indoor Saline Pool, Spa Tub and a workout room with cardio and free weights. Room rates: \$109 (double occupancy) plus 12.5% Anchorage Bed Tax/ The Deluxe rooms have King Bed or 2 Full Beds. Ask about a Breakfast Buffet Option at the Juno Restaurant when you check in. Rollaway beds are \$15.00 per night and are subject to availability in certain rooms. All rooms are equipped with comfortable beds, modern bathrooms, iron and iron board, microwave, Refrigerator, coffee maker, hair dryer and 37 inch LCD Television with 120 cable channels. Phone 907-433-4100 (Make sure you ask for the TOPS GROUP rate.) Rooms must be reserved by March 27th, 2018 to insure the TOPS rate. I would appreciate if you would make your Hotel reservations at this venue. The more rooms we occupy, the better the rate Alaska TOPS gets on the convention room charges. Thank You.

THURSDAY Evening Fun: We will be participating in an activity game called "HEADS and TAILS". You can purchase strings of beads for \$1 each, up to five per person if available. There are a total of 200 beads to sell. When the game begins, each player will place their hands on their *HEADS* or *TAILS*. When the coin is flipped, you will win or lose depending on your choice. If you lose, you forfeit a string of beads. The last member standing will win 50 % of the pot, the Remaining 50% will belong to the Alaska SRD Fund.

BOUTIQUE: Back by popular demand: HOLIDAY "Tops and Bottoms" will be the Theme for this Annual Fashion Boutique sponsored by AK 212, Anchorage. Do you have clothing and accessories that no longer fit or you never wear? Bring you hanger ready gently used clothing for others to try. Suggested donations will be accepted. At the end of the SRD session, you may take home your items if you choose. All remaining clothing will be donated to the Anchorage AWAIC shelter. All \$\$ Proceeds will support Alaska SRD Fund.

Daily LUNCHEONS: (pre-reservation recommended): All members are invited to attend the Daily luncheons \$15.00 daily at 12:00-1:00 Friday and Saturday. This is a convenience for the members and is not affiliated with any rehearsals. The luncheon can be pre-ordered on the enclosed registration form. Friday Lunch – DIY salad bar with soup du Jour. Saturday Lunch – Deli Sandwich Bar.

FRIDAY EVENING BANQUET: (reservation only) Enjoy a delicious dinner featuring 2 entree choices of Grilled Chicken with roasted Red Bell Pepper Sauce and Whiskey and Herb Glazed Flank Steak with Mushroom Demi, Seasonal Vegetables and Sides, Soup, Dinner Rolls. 3 salad selections with dressings: Romaine and Spinach with artichoke hearts, feta and olives; Mesclan greens with cherry tomato and cucumber; Pasta salad with argula pesto, peas and tomatoes. Water, Coffee and Iced Tea service. Oh Wait! There are 2 warm dessert choices served ala mode after dinner.

MEMBER ON STAGE PARTICIPATION INFORMATION

KOPS GRADUATES- Goal must have been reached by December 31, 2017 And Registered on the Kops Form L-007. Ribbons, pins, tassels, flashlights and diplomas will be furnished.

KOPS ALUMNI, KOPS LONGEVITY MERIT AWARDS- Merit (pendant) awardees must have Form S-051 completed and sent to their Coordinator by April 2nd, 2018.

If you have graduated at any level, or are a reinstated KOPS, you are a KOPS alumni. You MUST be a registered KOPS for participation. Ribbons and Friendship Roses will be furnished. You'll need to wear your KOPS Sash and bring your KOPS penlight for the Circle of Light.

PAST STATE ROYALTY - Open to all former STATE Queens, Kings, Runner-up Kings and Queens. You MUST be a registered KOPS for participation. Please Wear your Royalty Sash and tiara or crown.

CHAPTER ROYALTY – Kings and/or Queens must have been on the “royalty side” of the 2017 chapter resume. Wear your TOPS tiara and/or crown and sash, provided by your Chapter.

STATE DIVISION WINNER - Chapter Division Winners compete with all statewide members in their starting Weight Division for the year of 2017 . State Division winners are the 1st and 2nd place members in each Weight Division, with approved weight charts from the Chapter Resume. All State Division winners will be notified by the Coordinator.

CENTURY CLUB - New 100-lb. Loss medallion recipients must have form L-018 registered with your Coordinator before April 2nd, 2018. Current medallion holders must have maintained their 100 pound loss at the time of recognition.

BARR AWARDS – An Alaskan Award program founded by Margaret Barr for losses of 25, 50, 75 and 100 pound Losses; as Silver, Gold, Diamond and Jade respectively.

IMPORTANT: Chapter Royalty, Division Winners and Century Club Recipients will write “Your Success Story” that will be read on your behalf while you are on stage being recognized and honored. Be proud of your accomplishments and tell us what inspired you to get to your goal weight. Please submit your personal story with your Chapters Registration Forms or send to Coordinator on or before April 2nd. 2018

All Award Recipients must be within 5 pounds of your Honored Weight to be recognized.

Baggy Clothes PARADE (Before and After) – ALL Chapter Graduates, Chapter Royalty and Division Winners are required to participate. This event is also open to all members, male and female. Bring a "Before" outfit to SRD. A “Before” Picture must be sent with the Baggy Clothes Participation Form. A picture can be sent to aktops@outlook.com before the April 2nd, 2018 Deadline

DRESS CODE: All members are encouraged to dress appropriately throughout the convention. If you are participating on stage, we ask that **women** wear knee length or longer dress, nice blouse with skirt that is knee length or longer, pantsuit or palazzo pants (wide legged pants). NO MINI-SKIRTS, SHORTS, JEANS or CAPRI PANTS. **Men:** Business attire. Suit or sport coat and tie with nice trousers and a dress shirt. NO JEANS OR SHORTS. All dress codes are mandatory. If a member chooses not to comply with the dress code, they choose not to participate in stage presentation

CHAPTER LEADERS: Please make sure your members understand the different categories that are being offered for them to participate in. Each person participating on stage Friday and/or Saturday , must register on the enclosed Participation Forms. The chapter will send all the individual forms, along with the chapter registration form and check to the Coordinator.

CHAPTER PARTICIPATION

WHAT TO BRING TO SRD?

Your Chapters' Holiday theme table Centerpiece -You may enter it as a Silent Auction item.

Silent Auction Item(s) –Baskets, Containers, or single items, small or large. Each Item will have a Bid Sheet. Proceeds Benefit the Alaska SRD Fund.

Chapter Costumes to wear for your prepared Chapter Skit –or- Song and Group Photo

Member Name tags - Include the members name, Chapter # and City.

Scrap Books –or- Story Boards - A display of the Chapters members and annual activities.

CHAPTER DELEGATES - Each Chapter will select 2 members that are attending SRD to Judge and Vote on ALL the following Categories of the Chapters that participate during the Event . Best Costumes, Name Tags, Story Boards or Scrap Books, Skits or Songs and Overall Coordination. The selected delegates will have their Ballots and Instructions included in their registration package.

ENTHUSIASM AWARD – Each member will be given a ballot to vote for the most enthusiastic chapter during the SRD Event, included in the members' registration package.

PUBLICITY PIN - The 2018 Publicity pin represents the 70th Anniversary of TOPS. They are \$4.00 and can be pre-ordered on the Chapter registration form. 100% of the proceeds from the sales will be used for Health Fair materials and advertising in our State.



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