



WA 765, Spokane

“Our Tops chapter has an ongoing contest to help motivate the members to lose weight. Every six months, the member that loses at least 15 lbs. and is the biggest loser receives a quilt. The latest member to be awarded a quilt was Penny Wilkerson. Penny is on the right holding the quilt and the one on the left is Shara Holland who made the quilt for her. We really look forward to the quilts and who will be earning one.” says Shara Holland.